





## Good health and well-being

Yarmouk University strives to achieve the third Sustainable Development Goal, which focuses on ensuring a healthy life and well-being for all its students and staff. To this end, the university has established a comprehensive health center on campus that includes: emergency clinic, medical laboratory, dental clinic, general medical clinics, maternal and child health center, pharmacy serving both students and staff. Additionally, the university has signed agreements with an extensive network of public and private healthcare institutions to ensure round-theclock medical services for students and employees. The university also provides specialized health offices that offer psychological support to both students and staff. Through its health-related faculties, such as the Colleges of Medicine, Pharmacy, and Nursing, Yarmouk University offers specialized academic programs and research initiatives. The number of published research papers in international databases has surpassed 950, with significant contributions from medical students, addressing various ongoing and emerging health issues.

- 3.2 Number of students graduated from health care professionals
- 3.2.1 The total number of graduate students of Yarmouk University for the academic year 2023 was (8016).
- 3.2.2 The number of graduate students from the faculty of health care professionals was (1570), which represents (20 %) of the total number of graduates.

The percentage of low-income students enrolled in healthcare academic programs who receive financial assistance stands at 50%.

## 3.3 Cooperation and Health Services

The university has many agreements with all governmental health institutions, and most private health institutions in Jordan. Furthermore, it also participates with regional bodies, and local community bodies that







































deal with health. In addition to holding conferences and awareness and guidance workshops for its students, employees and the local community.

# 3.3.1 Does your university have current collaboration with local, national, or global health institutions to improve health and wellbeing outcomes?

Yarmouk University follows a networking policy aimed at collaborating with local, national, and international health institutions to improve health outcomes and achieve well-being for its students, staff, and the community, while participating in addressing various ongoing and emerging health issues. In this regard, the university has worked on:

1. Signing agreements with national health institutions for the treatment of its students and staff. Below is a list of the agreements:

## Medical Network

https://hr.yu.edu.jo/mednet/

Type of health institution	Number from the private sector	Notes
Hospital	24	In addition to the hospitals of the Ministry of Health and Royal Medical Services
Drug store	123	In addition to the pharmacies at the Ministry of Health and Royal Medical Services
Medical Laboratory	17	In addition to the laboratories at the Ministry of Health and Royal Medical Services
Radiology Center	3	In addition to the centers at the Ministry of Health and Royal Medical Services
Private Doctors	309	In addition to the centers at the Ministry of Health and Royal Medical Services

2. Signing an agreement with the Jordanian Ministry of Health, which established a comprehensive health center to provide healthcare services for its students and staff.



































## 3- Signing several agreements:-

The following table represents a list of meetings and cooperation agreements between the university and different local and international health institutions that were made in 2023

Activity	Link
"Yarmouk" Signs Memorandum of Understanding with "King Hussein Cancer Foundation" to Enhance its National and Community Mission October 9,2022	https://www.yu.edu.jo/index.php/newarcat/3699- 2022-10-09-12-20-09
Yarmouk University President Meets Dartmouth University Delegation to Discuss Collaborative Agreement	https://www.yu.edu.jo/index.php/newarcat/4657- 2023-08-26-21-07-28
Seeking cooperation in the medical field between Yarmouk University and the University of California, Los Angeles UCLA	https://www.yu.edu.jo/index.php/newarcat/3799- ucla



































Memorandum of Understanding Signed Between Yarmouk University and the Jordanian International Health Aid Association	https://www.yu.edu.jo/index.php/newarcat/4511- 2023-07-20-07-55-13
Cooperation Agreement between Yarmouk and ministry of health in the fields of education, training and health development	https://www.yu.edu.jo/index.php/newarcat/919- 2022-04-07-09-18-47
Yarmouk signs a cooperation agreement with the National Center for Epidemic Control to develop educational and community health services	https://www.yu.edu.jo/index.php/newarcat/5212- 2024-01-14-15-47-33
Memorandum of Understanding between Yarmouk University and Drug Bank to implement charitable programs and campaigns that achieve Jordanian drug security	https://www.yu.edu.jo/index.php/newarcat/5222- 2024-01-16-06-35-27

3.3.2 Does your university as a body offer community outreach programs and projects (which can include volunteer programs for students) to improve or promote health and well-being including hygiene, nutrition, family planning, sports, exercise, good ageing, and other topics related to health and well-being?

Yarmouk University adopts numerous community awareness programs and projects, many of which are led by its students, with the aim of achieving the third Sustainable Development Goal. The university has:

1. Implemented various activities in collaboration with the Civil Defense Directorate to train university students and students of the Model School in first aid and handling emergencies.









































https://www.yu.edu.jo/index.php/2022-08-31-22-04-37/4210-2023-03-13-09-31-08

2024-08-15-10-45-29

## 2. Student Projects - Launch of the Mobile Medical Clinic Project

https://www.yu.edu.jo/index.php/newarcat/5334-2024-02-22-07-07-49

https://www.yu.edu.jo/index.php/newarcat/925-2022-04-05-06-49-30

### 3. Organizing specialized seminars on health and health awareness.

"Proactive Measures to Protect Health and National Security" Seminar at Yarmouk University	https://www.yu.edu.jo/index.php/camp usnews/4596-2023-08-15-16-36-10
Al Hussein Bin Talal Library organizes a series of cultural, artistic and awareness activities	https://www.yu.edu.jo/index.php/new arcat/791-2022-06-08-06-07-14
Yarmouk University Collegeof Medicine and Pharmacyholds a free medical day in Sama Al-Rousan village	https://www.yu.edu.jo/index.php/new arcat/3036-2019-02-26-10-14-00
"Student Affairs and Medicine" organizea debate on depression and anxiety	https://www.yu.edu.jo/index.php/202 2-08-31-22-04-37/3936-2022-12-05- 11-18-19





































On behalf of the Minister of Higher Education and Scientific Research - President of Yarmouk University sponsors the activities of the conference "Developing an innovative curriculum formedical laws and ethics"

https://www.yu.edu.jo/index.php/new arcat/3922-2022-11-30-11-13-11

The College of Education organizes a symposium entitled "Attention Deficit and Hyperactivity Disorder: Medical, Educational and Family Interventions"

https://www.yu.edu.jo/index.php/ca mpusnews/3964-2022-12-14-09-42-12

4. Blood Donation Campaigns https://www.yu.edu.jo/index.php/2022-08-31-22-04-35/4065-2023-01-15-11-20-02

5. Conducting regular checks to ensure the effectiveness of alarm systems, surveillance cameras, and fire extinguishing equipment.









































6. Yarmouk University issued a decision to replace student penalties with community service, including health awareness for students at the Model School, or participation in national campaigns such as antidrug efforts or the prevention of chronic diseases, this decision is announced on the website: https://law.yu.edu.jo/



7. Establishment of 'Siwar Yarmouk Against Cancer"; Team and Launch of Volunteer Training Program – February 21, 2023 https://www.yu.edu.jo/index.php/newarcat/4154-2023-02-21-06-35-55

## 3.3.3 Does our university as a body share sport facilities with the local community, for example, with local schools or with the general public?

Yarmouk University provides its students and workers, as well as the local community, with various sports facilities, the most important of which are the Olympic swimming pool, and the Olympic Sports Stadium, which includes a stadium with Olympic football specifications with an area of (105 m x 70 m), which can accommodate more than four thousand spectators. In addition to sport tracks, which meet with the international standards. Also, the university support a football league for students and workers, and hosts sports tournaments and training for local community







































### institutions. The Gymnasium Hall at Yarmouk

University is also used to hold annual graduation ceremonies for its students. The university also provides indoor and convertible sports fields for various sports.



http://dsa.yu.edu.jo/index.php/2022-12-20-10-39-44/2022-12-20-10-41-56/2022-12-20-10-56-45

## 3.3.4 Does your university as a student body provide access to sexual and reproductive health care services, including information and education services?

Yarmouk University is keen to provide services and health care in all its forms, as well as sexual and reproductive care services for employees and students, where:

- The university's comprehensive health center has a maternity and childhood center.
- The university also has health agreements with hospitals and doctors specialized in the field of sexual and reproductive health care services, and the list of these institutions is on the university's official website, and contains all the details of the provided services.

https://hr.yu.edu.jo/mednet/



























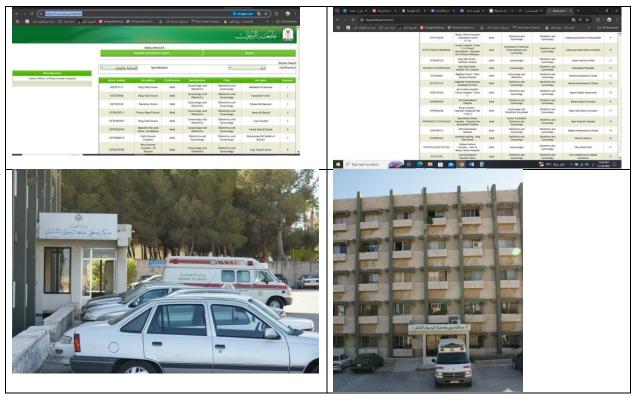












## 3.2.5 Does your university as a student and staff body provide access to mental health support?

Yarmouk University was keen to establish the Department of Psychological and Social Counselling to provide continuous attention and support for students and employees to solve their related various psychological, social, family and professional problems through scientific methods based on theories, studies and research, which are experimentally proven. From a psychological point of view, there are many problems that people may be exposed to, such as anxiety, depression, obsessive-compulsive disorder, and post-traumatic stress disorder.

http://dsa.yu.edu.jo/index.php/admissionar/2023-02-19-08-50-02

The University made an agreement with a medical network specialized in mental health:















































https://dsa.yu.edu.jo/index.php/admissionar/2023-02-19-08-50-02

Additionally, Yarmouk University provides mental health support through a team of health care providers covered, under the health insurance plan.

https://hr.yu.edu.jo/mednet/



## 3.3.6 Does your university as a body have a "smoke-free" policy?







































Yarmouk University has developed instructions to prevent smoking on campus, which were issued under rule 36 of the Jordanian Universities Law. These regulatory instructions have been converted to the university's non-smoking policy, which was issued in 2022.

